

ՍՈՒՐԲ ԳՐԻԳՈՐ ԼՈՒՍԱՒՈՐԻՉ

WELCOME TO  
**ST. GREGORY**  
**THE ENLIGHTENER**  
**ARMENIAN CHURCH**

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

**OCTOBER 4, 2026**

**FOURTH SUNDAY AFTER EXALTATION**

**ՀՈԿՏԵՄԲԵՐ 4**

**Դ Կիրակի Զկնի Ս. Խաչի**

**TODAY'S SCRIPTURE READINGS:**

*2 Corinthians 13:5-13*

*Mark 11:27-33*

**PC MEMBERS ON DUTY:**

*Chris Bonfiglio*

*Lauren Kayaian*

*Ron Sanossian*



**REQUIEM SERVICE WILL NOT BE OFFERED TODAY.**

Our address: 1131 North Street, White Plains, NY 10605, [www.stgregorywp.com](http://www.stgregorywp.com)

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, [saintgregorychurchwp@gmail.com](mailto:saintgregorychurchwp@gmail.com)

Fr. Mesrob: (804) 405-9399, [fr.mesrob@yahoo.com](mailto:fr.mesrob@yahoo.com)

## COMMEMORATION OF CHRIST'S SEVENTY-TWO DISCIPLES

Besides the 12 Apostles, Jesus also had 72 disciples, whom he sent to “preach the Good News to all nations.” Unfortunately, those disciples’ names are not mentioned in the Gospels whose feast day we commemorate on October 4. In the New Testament the word “disciple” is used for the followers of Jesus Christ, for those who learned from the teacher, and were sent to deliver those teachings to others. Christ sent out his apostles and disciples “like lambs among wolves” two by two, to go ahead of him to every town and place where he himself was about to go, saying to them: “Whoever listens to you listens to me; whoever rejects you rejects me; and whoever rejects me rejects the one who sent me...” (Luke 10:16). There are hardly any differences between the 12 apostles and the 72 disciples, they have the same power and authority and the same mission (Luke 10:9; 9:1). However, the names of all 72 disciples, like the names of the 40 innocent children martyred in Bethlehem, are known to God only and are written in the sacred book of the Heavenly Kingdom.

### ՔՐԻՍՏՈՍԻ 72 ԱՇԱԿԵՐՏՆԵՐԻ ՀԻՇԱՏԱԿՈՒԹԵԱՆ ՕՐ

Բացի 12 առաքյալներից Հիսուսն ուներ նաև 72 աշակերտ, որոնց Տերն ուղարկեց Բարի Լուրը քարոզելու բոլոր ազգերին: Ցավոք, Ավետարանում նշված չեն այդ աշակերտների անունները:

Ավետարաններում «աշակերտ» բառն ընդհանրապես գործածվում է Քրիստոսի բոլոր հետևորդների համար: Հիսուս Քրիստոսն իր առաքյալներին և աշակերտներին «իբրև գառներ գայլերի մեջ»՝ երկու-երկու ուղարկեց՝ քարոզելու Աստծո Արքայությունը՝ ասելով. «Ով ձեզ լսում է, Ինձ է լսում, և ով ձեզ մերժում է, Ինձ է մերժում» (Ղուկաս 10:16):

Առաքյալների և աշակերտների միջև գրեթե տարբերություններ չկան, նրանք ունեն նույն իշխանությունը և առաքելությունը (Ղուկաս 10:9, 9:1), սակայն բոլոր աշակերտների անունները, Բեթղեհեմի սուրբ մանուկների նման, միայն Աստծուն են հայտնի՝ գրված երկնքի արքայության սրբազան գրքում: Հայ Առաքելական եկեղեցին Քրիստոսի աշակերտների հիշատակության օրը տոնում է Վարազա Խաչին հաջորդող շաբաթ օրը:

## **TODAY'S SCRIPTURE READINGS**

***The reading is from the Second Letter of Paul to Corinthians 13:5-3***

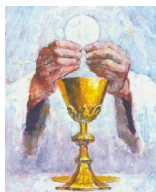
Examine yourselves to see whether you are living in the faith. Test yourselves. Do you not realize that Jesus Christ is in you? - unless, indeed, you fail to meet the test! I hope you will find out that we have not failed. But we pray to God that you may not do anything wrong—not that we may appear to have met the test, but that you may do what is right, though we may seem to have failed. For we cannot do anything against the truth, but only for the truth. For we rejoice when we are weak and you are strong. This is what we pray for, that you may become perfect. So I write these things while I am away from you, so that when I come, I may not have to be severe in using the authority that the Lord has given me for building up and not for tearing down. Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

***The second reading is from the Holy Gospel of Jesus Christ according to Mark 11:27-33***

They arrived again in Jerusalem, and while Jesus was walking in the temple courts, the chief priests, the teachers of the law and the elders came to him. “By what authority are you doing these things?” they asked. “And who gave you authority to do this?” Jesus replied, “I will ask you one question. Answer me, and I will tell you by what authority I am doing these things. John’s baptism—was it from heaven, or of human origin? Tell me!” They discussed it among themselves and said, “If we say, ‘From heaven,’ he will ask, ‘Then why didn’t you believe him?’ But if we say, ‘Of human origin’ ...” (They feared the people, for everyone held that John really was a prophet.) So they answered Jesus, “We don’t know.” Jesus said, “Neither will I tell you by what authority I am doing these things.”

## Holy Communion Distribution Guidelines

As parishioners approach to receive Holy Communion:



- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant **WITHOUT TOUCHING THE COMMUNION** with other fingers.

**PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.**

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## RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

October      4 - English  
                  11 - Armenian  
                  18 - English  
                  25 - Armenian

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## Pastoral Care, Home and Hospital Visits

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.

# A TASTE OF ARMENIAN HERITAGE

SUNDAY OCT. 18 | TUTAK HALL

PLEASE JOIN US AFTER COFFEE HOUR ♦ 12:30pm

**Cooking with Mari | Adults \$20 | Students \$10 | Kids 12&u Free**  
**Learn to prepare traditional dishes and the history behind them**



**Hosted by St. Gregory Cultural Committee**

**Kindly RSVP by Oct. 11th to [stgregoryculturalcommittee@gmail.com](mailto:stgregoryculturalcommittee@gmail.com)**



**MARI FIRKATIAN**, Professor of History at the University of Hartford, brings a unique perspective that combines historical scholarship with a passion for preserving and sharing cultural traditions through food. Join us and learn to prepare **STUFFED MUSSELS** and **YOGURT BARLEY SOUP!**

St. Gregory the Enlightener Armenian Church, 1131 North St. White Plains, NY 10605 | 914-428-2595

## SENIORGEN MINISTRY

Bishop Mesrop Parsamyan has introduced a new ministry, **SeniorGen**, created to honor, support, and spiritually nurture older adults in the Armenian Church.

*The mission of SeniorGen is to help older adults live more **engaging, meaningful, and Spirit-filled lives** while creating a vibrant community that values the wisdom and experiences of seniors. The ministry also seeks to support their unique needs and strengthen **intergenerational connections within the church.***

**You're Invited!**

**St. Gregory the Enlightener Armenian Church** is excited to launch our **White Plains Chapter of the SeniorGen Ministry** on **Wednesday, October 7th.**

### DETAILS

**When:** First Wednesday of every month

**Beginning:** Wednesday, October 7

**Fee:** \$10, including lunch

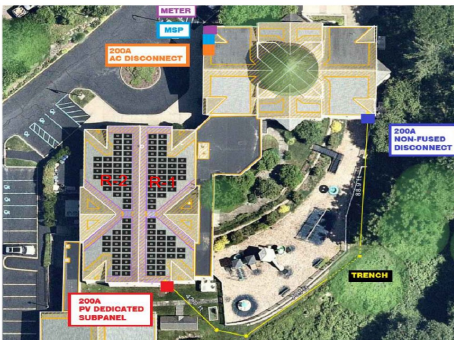
**Time:** 11 AM

**Location:** Atrium

Each gathering will include:



## Solar Panel project to start October 6



When visiting Church grounds next week you will see activity on the roof of Tutak hall. The solar panel project initially approved at the special Parish Assembly on April 18 is about to start. Workers from Power Solutions (the solar panel contractor) will be installing the solar panels and digging a

trench from the south east corner of Tutak Hall, going behind the playground to connect into the electrical service panels located in the basement under the Church.

Once installed these panels will generate approximately 50,000 kwh of energy, per year, to offset half of the electrical use of the Church. Originally the plan was for more solar capacity but we were limited by Con Edison's ability to absorb the power generated.



St. Gregory the Enlightener Armenian Church  
cordially invites you to



## Primate's Visit & Ordination of Acolytes & Deacons

His Grace Bishop Mesrop Parsamyan  
Primate of the Eastern Diocese  
Celebrant and Officiant

Divine Liturgy & Ordination - 10:00am  
Luncheon & Program - 12:30pm

# 1

November, 2026

Following the Services:  
Luncheon will be  
served with a program

\$25 | adults

\$12 | youth 6-14

Free | under 5

### Advanced reservations required

Kindly RSVP by October 25, 2026

Contact the church office at:

[saintgregorychurchwp@gmail.com](mailto:saintgregorychurchwp@gmail.com)

914-428-2595

1131 North Street, White Plains, NY 10605 | [www.stgregorywp.com](http://www.stgregorywp.com)

NEXTGEN OF ST. GREGORY  
INVITES YOU TO

## ARMENIAN COOKING 101: LET'S MAKE MANTI!

Join us for a hands-on cooking  
lesson and learn how to **make**  
**manti**, a beloved, delicious  
Armenian dish!

Designed for young adults ages 18-45

SATURDAY, NOVEMBER 7TH  
8PM

ST. GREGORY CHURCH KITCHEN  
1131 NORTH STREET  
WHITE PLAINS, NY

Please make your reservations by

October 24th by emailing:

[stgregorynextgen@gmail.com](mailto:stgregorynextgen@gmail.com)

SCAN FOR @STGREGORYWP VENMO

\$20 per person

- Includes cooking materials, light bites & beverages
- **Advanced payment is encouraged**
  - Venmo: @stgregorywp, cash or check
  - **Checks:** Please make checks payable to: St. Gregory the Enlightener Armenian Church + mail to St. Gregory
  - Cash only at the door



# CALENDAR OF UPCOMING EVENTS

**Today**

**Morning Service & Divine Liturgy.**  
**Divine Liturgy will be celebrated by Rev. Fr. Mesrob Hovsepyan.**  
**Join us for Fellowship hour after Badarak.**

OCTOBER 7,  
WEDNESDAY

**First meeting of SeniorGen**  
**11 am in the Atrium—light lunch \$10 per person**  
**Please rsvp: Lauren Kayaian 917-887-4037**

OCTOBER 9,  
FRIDAY

**Game Night: Let's play pickleball at the HEK Hall, 6:30-8pm.**

OCTOBER 18,  
SUNDAY

**A Taste of Armenian Heritage: An Interactive Cooking Event with Cookbook Author and Historian, Prof. Mari Firkatian. Presented by the Cultural Committee. Details inside.**

OCTOBER 20,  
TUESDAY

**Women's Guild trip to the Bruce Museum**  
**View the flyer in the bulletin for more details.**

OCTOBER 23,  
FRIDAY

**Game Night: Let's play pickleball at the HEK Hall, 6:30-8pm.**

OCTOBER 31,  
SATURDAY

**Women's Guild Retreat, "Sisters in Christ," from 12:00-4:00 PM at St. Nersess Armenian Seminary. Hosted by the Women's Guild Central Council.**

NOVEMBER 1,  
SUNDAY

**Visit of His Grace Bishop Mesrop Parsamyan, Primate of the Eastern Diocese. Details inside.**

NOVEMBER 4,  
WEDNESDAY

**SeniorGen - 11 am in the Atrium—light lunch \$10 per person.**  
**Please rsvp: Lauren Kayaian 917-887-4037**

NOVEMBER 7,  
SATURDAY

**SAVE THE DATE: NextGen of St. Gregory invites young professionals to Armenian Cooking 101 event. Details inside.**

NOVEMBER 15,  
SUNDAY

**Women's Guild Membership Meeting & Elections. Annie Ovanessian will be leading a spiritual discussion for this meeting**