

ՍՈՒՐԲ ԳՐԻԳՈՐ ԼՈՒՍԱՒՈՐԻՉ

WELCOME TO
**ST. GREGORY
THE ENLIGHTENER**
ARMENIAN CHURCH

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

SEPTEMBER 6, 2026
BAREKENDAN OF THE FAST OF EXALTATION
ՍԵՂՏԵՄԲԵՐ 6
ԲԱՐԵԿԵՆԴԱՆ ԽԱՉՎԵՐԱՅԻ ՊԱՀՔԻՆ

TODAY'S SCRIPTURE READINGS:

2 Corinthians 7:4-16

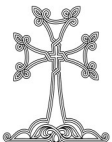
Mark 7:31-37

PC MEMBERS ON DUTY:

Lauren Kayaian

George Krikorian

Annie Shalian



REQUIEM SERVICE WILL NOT BE HELD TODAY

Our address: 1131 North Street, White Plains, NY 10605, www.stgregorywp.com

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, saintgregorychurchwp@gmail.com

Fr. Mesrob: (804) 405-9399, fr.mesrob@yahoo.com

FEAST OF THE NATIVITY OF THE HOLY MOTHER OF GOD

The birth of St. Mary is celebrated by all traditional churches on September 8. Mary's birth is not recorded in the Gospel, but in all likelihood, she was born in Bethlehem or Nazareth, some 20 years before Christ's nativity. Her parents, Joachim and Anna, were a devout couple whose earnest prayers for a child were answered with the birth of a daughter. Although Mary was born naturally, she is considered morally pure and immaculate. It is for this reason that the church celebrates not only her birth, but also her conception, which the Armenian and the Greek Orthodox churches observe on December 9, and the Roman Catholic Church celebrates on December 8.

The concept of Mary's moral purity later developed into the question of her Immaculate Conception (from Anna), a doctrine adopted by the Roman Catholic Church in 1854. The Armenian Church, however, does not accept this, as only Christ was immaculately conceived.

Ս. ԿՈՒՅՍ ՄԱՐԻԱՄԻ ԾՆՈՒՆԴՆ ԱՆՆԱՅԻՑ

Ս. Աստվածածնի ծնունդը նկարագրված չէ Աստվածաշունչ մատյանում, այն մեզ փոխանցվել է Եկեղեցու Սրբազան ավանդությամբ: Կույսի ծնողները՝ Հովակիմն ու Աննան երկար ժամանակ երեխա չէին ունենում, քանի որ վերջինս ամուլ էր: Եվ մի օր, երբ Աննան իջնում է պարտեզ աղոթելու, հանկարծ հայտնվում է Տիրոջ հրեշտակը և ավետում, որ գավակ է ունենալու, ում երանի են տալու բոլոր ազգերը: Աննան գոհություն է հայտնում Աստծուն, որ լսեց իր անդադրում աղոթքների ձայնն ու խղճաց իրեն: Նա խոստանում է իր գավակին Աստծուն նվիրել: Նույն այս տեսիլքը երևում է նաև Հովակիմին՝ հայտնելով բարի լուրը: Ս. Կույսի հայրը նույնպես փառք է տալիս Բարձրալին այդ մեծ շնորհին արժանանալու համար և իր ընտիր արջառներից ու ոչխարներից մատաղ է անում՝ բաժանելով աղքատներին: Աննան հղիանում է, ունենում մի աղջիկ, որին անվանում են Մարիամ, այսինքն՝ լուսավորյալ: Նա էր այն ընտրյալը երկրի վրա, ում Աստված իր առաքինությունների ու արժանիքների շնորհիվ պատվեց լինելու Աստծու մայրը: Նա տառապեց իր Որդու համար, սակայն երբեք չերկնչեց ու չընդդիմացավ Աստծուն՝ քաջ գիտակցելով Բարձրալից իրեն վստահված առաքելության կարևորությունը: Նա առաքինի, հավատավոր մոր, ընտանեկան սրբության պահապանի մարմնացումն է:

TODAY'S SCRIPTURE READINGS

The reading is from the First Epistle of Paul to 2 Corinthians 7:14-16

I often boast about you; I have great pride in you; I am filled with consolation; I am overjoyed in all our affliction. For even when we came into Macedonia, our bodies had no rest, but we were afflicted in every way—disputes without and fears within. But God, who consoles the downcast, consoled us by the arrival of Titus, and not only by his coming, but also by the consolation with which he was consoled about you, as he told us of your longing, your mourning, your zeal for me, so that I rejoiced still more. For even if I made you sorry with my letter, I do not regret it (though I did regret it, for I see that I grieved you with that letter, though only briefly). Now I rejoice, not because you were grieved, but because your grief led to repentance; for you felt a godly grief, so that you were not harmed in any way by us. For godly grief produces a repentance that leads to salvation and brings no regret, but worldly grief produces death. For see what earnestness this godly grief has produced in you, what eagerness to clear yourselves, what indignation, what alarm, what longing, what zeal, what punishment! At every point you have proved yourselves guiltless in the matter. So although I wrote to you, it was not on account of the one who did the wrong, nor on account of the one who was wronged, but in order that your zeal for us might be made known to you before God. In this we find comfort.

The second reading is from the Holy Gospel of Jesus Christ according to Mark 7:31-37

Then Jesus left the vicinity of Tyre and went through Sidon, down to the Sea of Galilee and into the region of the Decapolis. There some people brought to him a man who was deaf and could hardly talk, and they begged Jesus to place his hand on him.

After he took him aside, away from the crowd, Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue. He looked up to heaven and with a deep sigh said to him, "Ephphatha!" (which means "Be opened!"). At this, the man's ears were opened, his tongue was loosened and he began to speak plainly. Jesus commanded them not to tell anyone. But the more he did so, the more they kept talking about it. People were overwhelmed with amazement. "He has done everything well," they said. "He even makes the deaf hear and the mute speak."

Holy Communion Distribution Guidelines

As parishioners approach to receive Holy Communion:



- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant **WITHOUT TOUCHING THE COMMUNION** with other fingers.

PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.

RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

September 6 - English
 13 - Armenian
 20 - English
 27 - Armenian

Pastoral Care, Home and Hospital Visits

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.



SAVE THE DATE!
October 31, 2026

WOMEN'S GUILD RETREAT

"Sisters in Christ"

Join us for a Women's Retreat designed to nurture your soul, ignite your passions, and surround you with a sisterhood of strength and support.

- ✓ Mindful workshops
- ✓ Heart-opening conversations



**SATURDAY
OCTOBER 31, 2026**

9:30am Registration and
Continental Breakfast
1:00pm Lunch
4:00pm Retreat Ends
Cost for the retreat is \$35.00
Dinner afterwards on our own



ST. NERSESS SEMINARY
486 Bedford Road
Armonk, NY 10504

**Hosted by Women's Guild
Central Council**



**Come Join Our Team of
Cooks and Bakers!**

**Help prepare for our Annual
Armenian Picnic!**

No Experience Necessary - All Are Welcome!
Meeting in the Kitchen at 10:00 am on the following days:

Tuesday 9/8 Nazook and Tahini Bread
Saturday 9/12. Baklava & Gata
Monday 9/14
Tuesday 9/15 Yalangi
Wednesday 9/16 Khadayef & Brownies.
Thursday 9/17 Hummus and Prep Pilaf
Friday 9/18 Mezze platters and Eech prep
Saturday 9/19. Luleh & Eech



SAVE THE DATE:
ST. GREGORY'S ANNUAL ARMENIAN
Picnic

Come join us for delicious traditional Armenian food and wine.



20 SUNDAY

SEPTEMBER
12PM - 5PM

Save
The Date



Primate's Visit
Deacons' and Acolytes' Ordination
November 1, 2026

Ս. ԳՐԵԳՈՐ ԼՈՒՍԱՆՈՐԻՉ ՀԱՅ ԴՊՐՈՅ
ST. GREGORY ARMENIAN SCHOOL

1131 NORTH STREET, WHITE PLAINS, NY 10605

IN PERSON LEARNING
AGES 3 AND OLDER

SCHOOL REOPENING - ՎԵՐԱՄԱՆԻՑ
REGISTRATION, MEET YOUR TEACHER
BACK TO SCHOOL PICNIC
SATURDAY, SEPTEMBER 19, 2026
10:00 AM - 12:30 PM

WE WELCOME
NEW STUDENTS

WE TEACH:

- ✦ READING
- ✦ WRITING
- ✦ CONVERSATION
- ✦ HISTORY
- ✦ MUSIC
- ✦ DANCE
- ✦ RELIGION
- ✦ CULTURE/ TRADITION

FOR MORE DETAILS YOU CAN CALL OR EMAIL:
MARGRIT HAMPARSIUMIAN (PRINCIPAL): 914-261-3738 - mhamparsiumian@yahoo.com
MARIA BEDONIAN (ASSISTANT PRINCIPAL): 914-329-5352 - maria.bedonian@gmail.com



St. Gregory the Enlightener Armenian Church
1131 North Street, White Plains, NY 10605

Sunday School Registration



We welcome all children to join us for the
2026-2027 School Year!

Any questions?

Lauren
Keghian

917-887-4037

teaticket67@
netscape.net

Sunday

September 13

10:30-12:15

Ages 3-16

Contact
Co-Superintendents:

Bruce
Wisecek

914-944-0889

bew43@
icloud.com



LET'S PLAY PICKLEBALL AT HEK HALL

Join us for



FRIENDSHIP

Build lasting connections



FUN TIME

Enjoy the game and
have a great time!



ALL ARE WELCOME!

All skill levels encouraged.
Come play!



6:30 - 8:00 PM

Starting
SEPTEMBER 25!



EQUIPMENT
AVAILABLE



BRING YOUR
OWN



NO EXPERIENCE
NEEDED

★ FREE TO PARTICIPATE! ★

⇒ We can't wait to see you there! ⇒

For reservations and questions contact Fr. Mesrob Hovsepian at frmesrob@gmail.com
1131 North Street, White Plains, NY 10605

CALENDAR OF UPCOMING EVENTS

Today

**Fourth Sunday after the Assumption
Morning Service & Divine Liturgy.**
**Divine Liturgy will be celebrated by Rev. Fr.
Mesrob Hovsepyan.**
**Join us for the fellowship coffee hour following
the Liturgy.**

SEPTEMBER 13,
SUNDAY

**Sunday School opening and registration,
10:30-12:15pm**

SEPTEMBER 19,
SATURDAY

**Armenian School opening and registration,
10:00am.**

SEPTEMBER 20,
SUNDAY

Annual Armenian Picnic: 12:00-5:00pm

SEPTEMBER 26,
SATURDAY

Aida's Book Club to meet in the Atrium at 11am.
View the flyer in the bulletin for details.

SEPTEMBER 27,
SUNDAY

**Citizens Preparedness Corps Event will be pre-
sented by New York State Division of Homeland
Security and Emergency Services (DHSES) fol-
lowing the Liturgy. Details to follow.**

OCTOBER 18,
SUNDAY

**A Taste of Armenian Heritage: An Interactive
Cooking Event with Cookbook Author and Histo-
rian, Prof. Mari Firkatian. Presented by the Cul-
tural Committee.**

OCTOBER 20,
TUESDAY

Women's Guild trip to the Bruce Museum
View the flyer in the bulletin for more details.

OCTOBER 31,
SATURDAY

**Women's Guild Retreat, "Sisters in Christ," from
12:00-4:00 PM at St. Nersess Armenian Semi-
nary. Hosted by the Women's Guild Central
Council.**

NOVEMBER 1,
SUNDAY

**Visit of His Grace Bishop Mesrop Parsamyan,
Primate of the Eastern Diocese. Details to follow.**

NOVEMBER 7,
SATURDAY

**SAVE THE DATE: NextGen of St. Gregory in-
vites young professionals to Armenian Cooking
101 event. Details to follow.**