



ՍՈՒՐԲ ԳՐԻԳՈՐ ԼՈՒՍԱՒՈՐԻՉ

WELCOME TO
**ST. GREGORY
THE ENLIGHTENER**
ARMENIAN CHURCH

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

SEPTEMBER 20, 2026

BAREKENDAN OF THE FAST OF THE HOLY CROSS OF VARAK

ՍԵՊՏԵՄԲԵՐ 20

ԲԱՐԵԿԵՆԴԱՆ ՎԱՐԱԳՍՅ Ս. ԽԱԶԻ

TODAY'S SCRIPTURE READINGS:

2 Corinthians 9:6-15

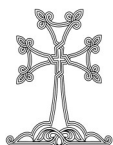
Mark 10:1-2

PC MEMBERS ON DUTY:

Jennifer Gurahian

George Krikorian

Gary Oztemel



REQUIEM SERVICE WILL BE HELD TODAY

Rose Tanielian

Requested by: The Tanielian Family

***May God rest her soul in His eternal peace and presence and
grant her loved ones the comfort of the Holy Spirit.***

Our address: 1131 North Street, White Plains, NY 10605, www.stgregorywp.com

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, saintgregorychurchwp@gmail.com

Fr. Mesrob: (804) 405-9399, fr.mesrob@yahoo.com

EVE OF THE FAST OF THE HOLY CROSS OF VARAK

This is the Sunday preceding the feast of the Appearance of the Holy Cross on Mount Varague. In the 7th century, a miracle led to the discovery of the Lord's Wooden Cross, hidden by St. Hripsime on Mount Varague. This sacred event inspired the Armenian Apostolic Church to establish a national feast, now celebrated as the Feast of the Holy Cross of Varague, honoring the Holy Cross and its profound significance in Armenian tradition.

Բարեկենդան Վարագա Սուրբ Խաչին

Այս կիրակին նախորդում է պահքին, որը նվիրված է Վարագա լեռան վրա Սուրբ Խաչափայտի մասունքը գտնելուն: Ավանդույթի համաձայն՝ տեսիլքով նրանց երևում է Սբ. Աստվածածինը և պատվիրում մեկնել Արարատյան երկիր՝ Հայաստան: Կույսերը գալիս են Վաղարշապատ: Ճանապարհին, Վարագա լեռան մոտով անցնելիս, Հռիփսիմեն Սբ. Խաչափայտից մի մասունք, որը ժառանգաբար էր ստացել եւ միշտ կրում էր իր պարանոցին, ամփոփում է հայոց հոդում: Այդ մասունքը հրաշքով գտնվում է 7-րդ դարում, որից հետո Հայ Առաքելական Եկեղեցին խաչի տոների շարքում սկսում է տոնել նաև Վարագա խաչի տոնը:

TODAY'S SCRIPTURE READINGS

The reading is from the Second Letter of Paul to Corinthians 9:6-15

Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. As it is written: "They have freely scattered their gifts to the poor; their righteousness endures forever." Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.

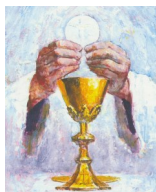
This service that you perform is not only supplying the needs of the Lord's people but is also overflowing in many expressions of thanks to God. Because of the service by which you have proved yourselves, others will praise God for the obedience that accompanies your confession of the gospel of Christ, and for your generosity in sharing with them and with everyone else. And in their prayers for you their hearts will go out to you, because of the surpassing grace God has given you. Thanks be to God for his indescribable gift!

The second reading is from the Holy Gospel of Jesus Christ according to Mark 10:1-2

Our Lord Jesus Christ: And he left there and went to the region of Judea and beyond the Jordan, and crowds gathered to him again; and again, as his custom was, he taught them. And Pharisees came up and in order to test him asked, "Is it lawful for a man to divorce his wife?" He answered them, "What did Moses command you?" They said, "Moses allowed a man to write a certificate of divorce, and to put her away." But Jesus said to them, "For your hardness of heart he wrote you this commandment. But from the beginning of creation, "God made them male and female." "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one." So they are no longer two but one. What therefore God has joined together, let not man put asunder."

Holy Communion Distribution Guidelines

As parishioners approach to receive Holy Communion:



- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant **WITHOUT TOUCHING THE COMMUNION** with other fingers.

PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.

RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

September	20 - English
	27 - Armenian
October	4 - English
	11 - Armenian

Pastoral Care, Home and Hospital Visits

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.

Your Voice, Our Parish – A Community Survey

We'd love to hear from you! The Parish Council is inviting everyone to take a short, **10-minute community survey** to share your thoughts and ideas about our parish.

The survey is **completely anonymous** and can easily be completed from your phone.

You can participate in any of these ways:

- Look for the survey link in your email
- Scan the **QR code in the atrium or here**
- Pick up a **paper copy in the atrium**



If there are other adults (18 and older) in your household, please encourage **each person to complete their own survey**. We want to hear from everyone!

Please submit your responses by Sunday, September 27.

And if you know someone who hasn't been attending recently, please share the survey with them, too. **Their voice matters, and we'd love to hear from them.**

LET'S PLAY PICKLEBALL AT HEK HALL

Join us for



FRIENDSHIP

Build lasting connections



FUN TIME

Enjoy the game and have a great time!



ALL ARE WELCOME!

All skill levels encouraged. Come play!



6:30 – 8:00 PM

Starting
SEPTEMBER 25!



**EQUIPMENT
AVAILABLE**



**BRING YOUR
OWN**



**NO EXPERIENCE
NEEDED**

★ **FREE TO PARTICIPATE!** ★

⇒ *We can't wait to see you there!* ⇒

For reservations and questions contact Fr. Mesrob Hovsepian at frmesrob@gmail.com
1131 North Street, White Plains, NY 10605



**Homeland Security
and Emergency Services**
Citizen Preparedness Corps

SIGN UP FOR A FREE CLASS TO LEARN ABOUT PREPARING FOR EMERGENCIES

With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters.

The NY Citizen Preparedness Training Program teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to normal conditions. This training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on emergency supplies. Each family that attends will receive one preparedness kit.

WHERE:

St. Gregory Armenian Church
Tutak Hall
1131 North Street
White Plains, NY10605

WHEN:

Sunday, September 27, 2026
1:00 PM

REGISTER:

*Registration is required
to attend the event.*

To register visit
www.prepare.ny.gov or
scan the QR code



**THIS EVENT IS BROUGHT TO YOU BY
GOVERNOR HOCHUL IN CONJUNCTION WITH:**



and St. Gregory Armenian Church

A TASTE OF ARMENIAN HERITAGE

SUNDAY OCT. 18 | TUTAK HALL

PLEASE JOIN US AFTER COFFEE HOUR ♦ 12:30pm

Cooking with Mari | Adults \$20 | Students \$10 | Kids 12&u Free
Learn to prepare traditional dishes and the history behind them



Hosted by St. Gregory Cultural Committee

Kindly rsvp by Oct. 11th to stgregoryculturalcommittee@gmail.com

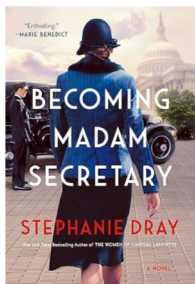


MARI FIRKATIAN, Professor of History at the University of Hartford, brings a unique perspective that combines historical scholarship with a passion for preserving and sharing cultural traditions through food. Join us and learn to prepare **STUFFED MUSSELS** and **YOGURT BARLEY SOUP**!

St. Gregory the Enlightener Armenian Church, 1131 North St. White Plains, NY 10605 | 914-428-2595

YOU ARE INVITED TO AIDA'S BOOK CLUB
MEETING!

Please join us on Saturday, September 26th, 2026
at 11:00 a.m. in the atrium for our next book club
meeting!



New York Times bestselling author
Stephanie Dray returns with a captivating
and dramatic novel about an American
heroine Frances Perkins.

Based on tales of her revolutionary
ancestors, Frances Perkins arrives in New
York City at the turn of the century, armed
with her trusty parasol and an unyielding
determination to make a difference.

Frances is destined to rise in a political
world dominated by men, facing down the
Great Depression as FDR's most trusted
lieutenant—even as she struggles to balance
the demands of a public career with
marriage and motherhood. And when
vicious political attacks mount and
personal tragedies threaten to derail her
ambitions, she must decide what she's
willing to do—and what she's willing to
sacrifice—to save a nation.

RSVP TO ELLIE KROLIAN AT: EBKROLIAN@GMAIL.COM

St Gregory The Enlightener Armenian Church
1131 North Street, White Plains, NY 10605

St. Gregory
Women's Guild
Presents

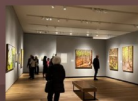
A morning at the Bruce
Museum

Tuesday, October 20th,
2026 at 11:00 am



Join us for a fun and enriching morning exploring
the newly renovated Bruce Museum, featuring
fascinating exhibits in art, science and natural
history.

After the tour, everyone is welcome to join us for
lunch at the museum cafe.



Please note, lunch will be at individual expense

Free admission
Free parking on premises



RSVP to:
Dawn Papalian
dawn@papalian.com
Call/Text: 310 850 - 6496

Bruce Museum
1 Museum Drive
Greenwich, CT 06830

SENIORGEN MINISTRY

Bishop Mesrop Parsamyan has introduced a new ministry, **SeniorGen**, created to honor, support, and spiritually nurture older adults in the Armenian Church.

*The mission of SeniorGen is to help older adults live more **engaging, meaningful, and Spirit-filled lives** while creating a vibrant community that values the wisdom and experiences of seniors. The ministry also seeks to support their unique needs and strengthen **intergenerational connections within the church**.*

You're Invited!

St. Gregory the Enlightener Armenian Church is excited to launch our **White Plains Chapter of the SeniorGen Ministry** on **Wednesday, October 7th**.

DETAILS

When: First Wednesday of every month

Beginning: Wednesday, October 7

Fee: \$10, including lunch

Time: 11 AM

Location: Atrium



Each gathering will include:

- 🙏 A short prayer service
- 💬 discussion, or interactive program (musical program, guest speaker)
- 🍽️ Lunch and fellowship

RSVP

Please RSVP to **Lauren Kayaian**, Text or call **917-887-4037** or call the **St. Gregory Church Office** at **914-428-2595**

Come join us for prayer, fellowship, learning, and friendship!
We look forward to welcoming you to SeniorGen!



*St. Gregory the Enlightener Armenian Church
cordially invites you to*



Primate's Visit & Ordination of Acolytes & Deacons

*His Grace Bishop Mesrop Parsamyan
Primate of the Eastern Diocese
Celebrant and Officiant*

*Divine Liturgy & Ordination - 10:00am
Luncheon & Program - 12:30pm*

1

November, 2026
.....

**Following the Services:
Luncheon will be
served with a program**

.....

\$25 | adults

\$12 | youth 6-14

Free | under 5

Advanced reservations required

Kindly RSVP by October 25, 2026

Contact the church office at:

saintgregorychurchwp@gmail.com

914-428-2595

1131 North Street, White Plains, NY 10605 | www.stgregorywp.com

NEXTGEN OF ST. GREGORY
INVITES YOU TO

ARMENIAN COOKING 101: LET'S MAKE MANTI!

Join us for a hands-on cooking lesson and learn how to **make manti**, a beloved, delicious Armenian dish!

**SATURDAY, NOVEMBER 7TH
3PM**

**ST. GREGORY CHURCH KITCHEN
1131 NORTH STREET
WHITE PLAINS, NY**

Please make your reservations by
October 24th by emailing:
stgregorynextgen@gmail.com

\$20 per person

Designed for young adults ages 18-45

- Includes cooking materials, light bites & beverages
- **Advanced payment is encouraged**
 - **Venmo:** @stgregorywp, cash or check
 - **Checks:** Please make checks payable to: St. Gregory the Enlightener Armenian Church + mail to St. Gregory
 - Cash only at the door

SCAN FOR @STGREGORYWP VENMO



CALENDAR OF UPCOMING EVENTS

Today	Morning Service & Divine Liturgy. Divine Liturgy will be celebrated by Rev. Fr. Mesrob Hovsepyan. Join us for the Annual Armenian Picnic, Today! 12–5 PM
SEPTEMBER 26, SATURDAY	Aida's Book Club to meet in the Atrium at 11am. View the flyer in the bulletin for details.
SEPTEMBER 27, SUNDAY	Citizens Preparedness Corps Event will be presented by New York State Division of Homeland Security and Emergency Services (DHSES) following the Liturgy. Details inside.
OCTOBER 7, WEDNESDAY	First meeting of SeniorGen 11 am in the Atrium—light lunch \$10 per person Please rsvp: Lauren Kayaian 917-887-4037
OCTOBER 18, SUNDAY	A Taste of Armenian Heritage: An Interactive Cooking Event with Cookbook Author and Historian, Prof. Mari Firkatian. Presented by the Cultural Committee. Details inside.
OCTOBER 20, TUESDAY	Women's Guild trip to the Bruce Museum View the flyer in the bulletin for more details.
OCTOBER 31, SATURDAY	Women's Guild Retreat, "Sisters in Christ," from 12:00–4:00 PM at St. Nersess Armenian Seminary. Hosted by the Women's Guild Central Council.
NOVEMBER 1, SUNDAY	Visit of His Grace Bishop Mesrop Parsamyan, Primate of the Eastern Diocese. Details inside.
NOVEMBER 7, SATURDAY	SAVE THE DATE: NextGen of St. Gregory invites young professionals to Armenian Cooking 101 event. Details inside.