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WELCOME TO
ST. GREGORY
THE ENLIGHTENER
ARMENIAN CHURCH

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

AUGUST 2, 2026
FOURTH SUNDAY AFTER TRANSFIGURATION
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TODAY'S SCRIPTURE READINGS:

1 Timothy 4:12-5:10

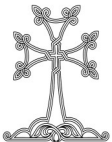
John 3:13-21

PC MEMBERS ON DUTY:

Jennifer Gurahian

Lauren Kayaian

Ellie Krolian



REQUIEM SERVICE WILL NOT BE HELD TODAY

Our address: 1131 North Street, White Plains, NY 10605, www.stgregorywp.com

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, saintgregorychurchwp@gmail.com

Fr. Mesrob: (804) 405-9399, fr.mesrob@yahoo.com

Commemoration of Patriarchs St. Athanasius and St. Cyril of Alexandria and St. Gregory the Theologian

St. Athanasius (295–373 A.D.) was a Patriarch of Alexandria and one of the greatest defenders of Christian orthodoxy. As a deacon, he attended the First Ecumenical Council of Nicaea (325), where he opposed the teachings of Arius and affirmed the full divinity of Christ. Elected Patriarch in 328, he spent much of his ministry defending the Nicene faith, enduring repeated exiles for his convictions. His teaching that God became human so that humanity might share in divine life profoundly shaped Christian theology, and his influence was affirmed by the Council of Constantinople in 381.

St. Cyril of Alexandria (c. 380–444 A.D.) succeeded his uncle, Patriarch Theophilus, as Patriarch of Alexandria in 412 and became a leading defender of orthodox Christology. At the Third Ecumenical Council in Ephesus (431), he successfully opposed the teachings of Nestorius and helped secure the Church's affirmation of the Virgin Mary as Theotokos ("Birthgiver to God"). His teaching on the unity of Christ's divine and human nature became a cornerstone of the Armenian Church's theological tradition. St. Gregory the Theologian left a rich literary heritage, which was translated into Armenian during the 5th–8th centuries AD. In all probability, St. Moses of Khorank completed some of these translations into Armenian. St. Gregory the Theologian is one of the most prominent figures of Christianity who, through his struggle against the Arians, helped preserve the purity of the Christian faith and, through his writings, greatly influenced the formulation of Christian theological thought.

St. Gregory the Theologian was born in 328 AD in the village of Ariangue, near the town of Naziangue in Cappadocia. He was the son of Bishop Gregory. Gregory studied in Caesarea and then in Athens. There he became acquainted with St. Barsegh of Caesarea, who would later become one of the most prominent figures of Christianity. After leading an ascetic life for a time, Gregory returned to Naziangue, where he was ordained a priest by his father. Later, he became the Bishop of Sasima. Together with St. Barsegh of Caesarea, St. Gregory the Theologian struggled against the Arians.

He participated in the Second Ecumenical Council of Constantinople. St. Gregory passed away on January 25, 389 AD.

TODAY'S SCRIPTURE READINGS

The reading is from the First Epistle of Paul to Timothy 4:12-5:10

Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Till I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the elders laid their hands upon you. Practice these duties, devote yourself to them, so that all may see your progress. Take heed to yourself and to your teaching: hold to that, for by so doing you will save both yourself and your hearers.

Do not rebuke an older man but exhort him as you would a father; treat younger men like brothers, older women like mothers, younger women like sisters, in all purity. Honor widows who are real widows. If a widow has children or grand children, let them first learn their religious duty to their own family and make some return to their parents; for this is acceptable in the sight of God. She who is a real widow, and is left all alone, has set her hope on God and continues in supplications and prayers night and day; whereas she who is self-indulgent is dead even while she lives. Command this, so that they may be without reproach. If any one does not provide for his relatives, and especially for his own family, he has disowned the faith and is worse than an unbeliever. Let a widow be enrolled if she is not less than sixty years of age, having been the wife of one husband; and she must be well attested for her good deeds, as one who has brought up children, shown hospitality, washed the feet of the saints, relieved the afflicted, and devoted herself to doing good in every way.

The second reading is from the Holy Gospel of Jesus Christ according to John 3:13-21

No one has ascended into heaven but he who descended from heaven, the Son of Man. And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him. He who believes in him is not condemned; he who does not believe is condemned already, because he has not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil. For every one who does evil hates the light, and does not come to the light, lest his deeds should be exposed. But he who does what is true comes to the light, that it may be clearly seen that his deeds have been wrought in God.



Holy Communion Distribution Guidelines

As parishioners approach to receive Holy Communion:

- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant

WITHOUT TOUCHING THE COMMUNION with other fingers.

PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.

RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

August	2 - Armenian
	9 - English
	16 - Armenian
	23 - English
	30 - Armenian

Pastoral Care, Home and Hospital Visits

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.

ST. GREGORY'S PICNIC PREPARATION SCHEDULE 2026

EVERYONE IS WELCOME!

Whether you're a longtime volunteer or would like to help for the very first time, we invite **people of all ages** to join us as we prepare for our Annual Church Picnic.

SATURDAY, AUGUST 22	CHOREGS
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THURSDAY, AUGUST 27	SIMIT
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WEDNESDAY, SEPTEMBER 2	BOEREGS
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FRIDAY, SEPTEMBER 4	DATE COOKIES
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TUESDAY, SEPTEMBER 8	NAZOOK & TAHINI BREAD
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SATURDAY, SEPTEMBER 12	BAKLAVA & GATA
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TUESDAY, SEPTEMBER 15	YALANCHI
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WEDNESDAY, SEPTEMBER 16	KHADAYEF & BROWNIES
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THURSDAY, SEPTEMBER 17	HUMMUS & PILAF PREP
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FRIDAY, SEPTEMBER 18	MEZZE PLATTERS & EECH PREP
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SATURDAY, SEPTEMBER 19	LULEH & EECH
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SUNDAY, SEPTEMBER 20 - CHURCH PICNIC DAY!

If you are able to help on any of these dates, please text or call Gladys Tachdjian at 914 - 325 - 2232



SAVE THE DATE:
ST. GREGORY'S ANNUAL ARMENIAN
Picnic

Come join us for delicious traditional Armenian food and wine.



20 SUNDAY

SEPTEMBER
12PM - 5PM

Save
The Date



Primate's Visit
Deacons' and Acolytes' Ordination
November 1, 2026

Sunday, August 16, 2026



Feast of the Assumption of the
Holy Mother of God
Blessing of the Grapes Service

Morning Service - 9:45 AM

Badarak - 10:15 AM

Blessing of the Grapes Service - 11:45 AM

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Խաղողորնէք

YOU ARE INVITED TO AIDA'S BOOK CLUB
MEETING!

Please join us on Saturday, September 26th, 2026
at 11:00 a.m. in the atrium for our next book club
meeting!



New York Times bestselling author
Stephanie Dray returns with a captivating
and dramatic novel about an American
heroine Frances Perkins.

Based on tales of her revolutionary
anecdotes, Frances Perkins arrives in New
York City at the turn of the century, armed
with her tenacity, passion and an unyielding
determination to make a difference.

Frances is destined to rise in a political
world dominated by men. Facing down the
Great Depression as FDR's most trusted
advisor, even as she struggles to balance
the demands of a public career with
marriage and motherhood, and when
vicious political attacks mount and
personal tragedy threatens to derail her
ambitions, she must decide what she's
willing to do—and what she's willing to
sacrifice—to save a nation.

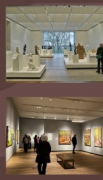
RSVP TO ELLIE KROLIAN AT: EBKROLIAN@GMAIL.COM

St Gregory The Enlightener Armenian Church
1131 North Street, White Plains, NY 10605

St. Gregory
Women's Guild
Presents

A morning at the Bruce
Museum

Tuesday, October 20th,
2026 at 11:00 am



Join us for a fun and enriching morning exploring
the newly renovated Bruce Museum, featuring
fascinating exhibits in art, science and natural
history.

After the tour, everyone is welcome to join us for
lunch at the museum cafe.

Please note, lunch will be at individual expense

Free admission
Free parking on premises

RSVP to:
Dawn Papalian
dawn@papalian.com
Call Text: 310 850 - 6496



Bruce Museum
1 Museum Drive
Greenwich, CT 06830

CALENDAR OF UPCOMING EVENTS

Today	Morning Service & Divine Liturgy. Guest celebrant: Divine Liturgy will be celebrated by Rev. Fr. Ghevond Ajamian. We welcome also St. Nersess High School Conference participants. Join us for the fellowship coffee hour following the Liturgy.
AUGUST 9, SUNDAY	Guest celebrant: Divine Liturgy will be celebrated by Rev. Fr. Mardiros Chevian.
AUGUST 16, SUNDAY	Feast of the Assumption of St. Mary Blessing of Grapes service.
SEPTEMBER 20, SUNDAY	SAVE THE DATE! Annual Armenian Picnic:
SEPTEMBER 26, SATURDAY	Aida's Book Club to meet in the Atrium at 11am. View the flyer in the bulletin for details.
SEPTEMBER 27, SUNDAY	Citizens Preparedness Corps Event will be presented by New York State Division of Homeland Security and Emergency Services (DHSES) following the Liturgy. Details to follow.
OCTOBER 18, SUNDAY	SAVE THE DATE: A Taste of Armenian Heritage: An Interactive Cooking Event with Cookbook Author and Historian, Prof. Mari Firakatian. Presented by the Cultural Committee and Women's Guild.
OCTOBER 20, TUESDAY	Women's Guild trip to the Bruce Museum View the flyer in the bulletin for more details.
NOVEMBER 1, SUNDAY	Visit of His Grace Bishop Mesrop Parsamyan, Primate of the Eastern Diocese Details to follow.