

ՍՈՒՐԲ ԳՐԻԳՈՐ ԼՈՒՍԱՒՈՐԻՉ

# WELCOME TO ST. GREGORY THE ENLIGHTENER

ARMENIAN CHURCH

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

## JUNE 14, 2026 THIRD SUNDAY AFTER PENTECOST ԵՐՐՈՐԴ ԿԻՐԱԿԻ ՅԵՏ ՀՈԳԵԳԱԼՈՒՄՏԻ

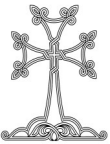
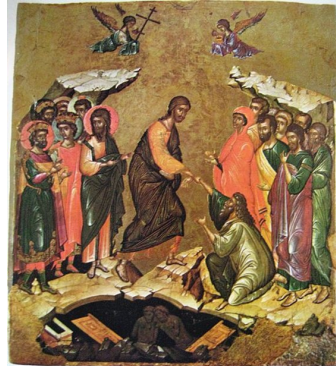
TODAY'S SCRIPTURE READINGS:

Romans 6:12-23

Matthew 12:1-8

PC MEMBERS ON DUTY:

Chris Bonfiglio  
Lauren Kayaian  
Ron Sanossian



**REQUIEM SERVICE TODAY WILL BE HELD FOR:**

**George Sanossian (40<sup>th</sup> Day)**

*Requested by: the Sanossian family*

**Beloved Departed Members of St. Gregory Women's Guild**

*Requested by: The St. Gregory Women's Guild*

**May God rest their souls in His eternal peace and presence and grant their loved ones the comfort of the Holy Spirit.**

Our address: 1131 North Street, White Plains, NY 10605, [www.stgregorywp.com](http://www.stgregorywp.com)

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, [saintgregorychurchwp@gmail.com](mailto:saintgregorychurchwp@gmail.com)

Fr. Mesrob: (804) 405-9399, [fr.mesrob@yahoo.com](mailto:fr.mesrob@yahoo.com)

## COMMEMORATION OF ST. NERSESS THE GREAT AND ST. BISHOP KHAD

St. Nersess the Great, Catholicos of All Armenians (353-373) is one of the most prominent Armenian Pontiffs. According to historical sources he is from the family and lineage of St. Gregory the Illuminator, and grandson of the Armenian Patriarch Houssik. Following the death of Catholicos Paren I (of Ash-tishat), Nersess is a chamberlain (chief attendant or steward) for the Armenian King Arshak. Although a layman at the time, he is found to be the most deserving candidate for the throne of the Catholicos, and under the compulsion of the King is ordained as a priest, and consecrated as Catholicos. The Armenian Pontiff becomes the first great reformer of the Church and a renowned benefactor of his nation. Upon Nersess' initiative, a National Ecclesiastical Council is convened in Ashtishat in 354. Upon his initiative, decisions are made which are intended to regulate and bring order to the spiritual-ecclesiastical life, based upon the defined moral principles of the family. Nersess the Great establishes numerous monasteries and schools. He builds hospices, residences and hospitals for the ill, homeless and the poor. The Catholicos was always with his flock. The Armenian people won the battle of Dzirav due to St. Nersess' unceasing prayers for victory on a nearby mountaintop, as the war was being waged on the field below. For his devout activity Nersess the Great is also called the "Illuminator of Hearts".

Bishop Khad was a supporter of Nersess the Great, and was instrumental in the implementation of the Catholicos' initiatives and undertakings. Historian Pavstos Buzand identifies Bishop Khad as the coadjutor of the Armenian Pontiff, St. Nersess the Great.

### Բարեկենդան Սուրբ Գրիգոր Լուսավորչի պահոց

Բարեկենդանը պահքին նախորդող կիրակին է: Այս դեպքում բարեկենդանը նվիրված է Ս. Գրիգոր Լուսավորչի մասունքները գտնելու գյուտին: Ս. Գրիգոր Լուսավորչի մասունքները համարվում են բոլոր քրիստոնեական եկեղեցիների ամենամեծ սրբություններից մեկը: Տոնի առթիվ եկեղեցին հաստատել է շաբաթական պահք՝ երկուշաբթիից մինչև շաբաթ:

## TODAY'S SCRIPTURE READINGS

### ***The reading is from the First Epistle of Romans 6:12-23***

Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. For sin shall no longer be your master, because you are not under the law, but under grace.

### ***The second reading is from the Holy Gospel of Jesus Christ according to Matthew 12:1-8***

At that time Jesus went through the grain fields on the Sabbath. His disciples were hungry and began to pick some heads of grain and eat them. When the Pharisees saw this, they said to him, "Look! Your disciples are doing what is unlawful on the Sabbath." He answered, "Haven't you read what David did when he and his companions were hungry? He entered the house of God, and he and his companions ate the consecrated bread—which was not lawful for them to do, but only for the priests. Or haven't you read in the Law that the priests on Sabbath duty in the temple desecrate the Sabbath and yet are innocent? I tell you that something greater than the temple is here. If you had known what these words mean, "I desire mercy, not sacrifice," you would not have condemned the innocent. For the Son of Man is Lord of the Sabbath."



## Holy Communion Distribution Guidelines

As parishioners approach to receive Holy Communion:

- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant

WITHOUT TOUCHING THE COMMUNION with other fingers.

**PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.**

---

### RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

June	14 - English
	21 - Armenian
	28 - English
July	5 - Armenian
	12 - English

---

### Pastoral Care, Home and Hospital Visits

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.

## ՏՆՕՐՅՆԷՔ / EASTER HOME BLESSING



From the earliest times, the home was a sacred place, the center of family and ritual life. It is the most basic of all social structures, where we are born and live many years, a place where great family events transpire. Here we break bread, share joys and sorrows, pray, celebrate, worship. Here God is present in the loving relationships that transcend fragile human existence. Every family is a miniature of a “Little Church–Ecclesia” and in this “Little Church” the inexhaustible love and the very generous blessing of God permeate.

**Home Blessing /Dnorhnek/** is a beautiful tradition of the Armenian Church which is performed on several occasions: namely after the feasts of Holy Nativity and Holy Resurrection of our Lord Jesus Christ, as well as on the occasion of moving to a new home.

Today, more than ever, we need the presence and blessing of the Lord in our homes and lives.

Schedule your Home Blessing with Der Hayr: direct (804) 405-9399, church office (914) 428-2595, email: [fr.mesrob@yahoo.com](mailto:fr.mesrob@yahoo.com).

### THE KISS OF PEACE

**The GIVER says:**

*Christ is revealed amongst us.*

*Քրիստոս ի մէջ մեր յայտնեցաւ:*

*Kreesdos ee mech mer haydnetsav.*

**The RECEIVER says:**

*Blessed is the revelation of Christ.*

*Օրհնեալ է յայտնութիւնն Քրիստոսի:*

*Orhnyal eh haydnootyoonun Kreesdosee.*

### WHEN TAKING MAHS

**The GIVER says:**

*May this be to you a share and portion of the Holy Sacrifice.*

*Մաս և բաժին եղիցի քեզ ի Սուրբ Պատարագէս:*

*Mahs yev pazheen yegheetsee kez ee Soorp Badarakes.*

**The RECEIVER says:**

*My portion is God forever.*

*Բաժին իմ Աստուած յաւիտեան:*

*Pahjeen eem Asdvadz haveedyan.*

### THE PSALM OF DISMISSAL - PSALM 34

*I will bless the Lord at all times. His praise shall be at all times in my mouth.*

*Օրհնեցից ըզՏէր յամենայն ժամ, յամենայն ժամ,  
Օրհնութիւն նորա ի բերան իմ:*

*Orhnetseets uzDer hamenayn zham, hamenayn zham  
orhnootyoon nora ee peran eem.*

**When approaching the Holy Gospel at the end of the Divine Liturgy you say:**

*May the Lord remember all your sacrifices.*

*Յիշեցէ Տէր զամենայն պատարագս քո.*

*Heeshestseh Der zamenayn Badarakus ko*

**The Priest answers:**

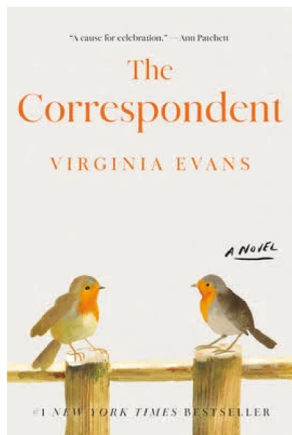
*May the Lord grant you according to your own heart, and fulfill all your desires. (Psalm 20:4)*

*Տացէ քեզ Տէր ըստ սրտի քում և զամենայն խորհուրդս քո ի բարիս նա կատարեցէ:*

*Datseh kez Der usd srdee koom yev zamenayn  
khorhoortus koh ee parees na gadarestseh.*

**YOU ARE INVITED TO AIDA'S BOOK CLUB  
MEETING!**

**Please join us on Saturday, June 27th, 2026 at  
11:00 a.m. in the atrium for our next book club  
meeting!**



The Correspondent is a bestselling debut epistolary novel by Virginia Evans, that tells the story of retired lawyer Sybil Van Antwerp through her letters and emails. The book follows Sybil as she confronts past trauma, grief, and the need for forgiveness through her correspondence with family, friends, and even literary idols like Joan Didion, exploring themes of connection, aging, and finding solace in literature.

**RSVP TO ELLIE KROLIAN AT: [EBKROLIAN@GMAIL.COM](mailto:EBKROLIAN@GMAIL.COM)**

**St Gregory The Enlightener Armenian Church  
1131 North Street, White Plains, NY 10605**

---

## **Graduates of 2026!**



If you know of any St. Gregory parishioners graduating from high school, college, or graduate school this spring, please notify the church office or Der Hayr by calling 914-428-2595 or by email [saintgregorychurchwp@gmail.com](mailto:saintgregorychurchwp@gmail.com)



# St. Gregory Women's Guild Membership Meeting

Following Divine Liturgy  
**Sunday, June 14th**

Following Divine Liturgy and fellowship, we invite you to join us for our next Women's Guild Membership Meeting. We are fortunate to welcome **Annie Ovanessian**, who will lead an engaging discussion on "Finding Peace in Our Baptismal Reality."

## **Need peace?**

*We live in a culture where there seems to be no shortage of conflict and turmoil, with noises all around us clamoring for our attention. As women and daughters of Christ, we do not need to be burdened by everything the world throws at us. Rather, we can find peace and practical guidance by stepping back and reflecting on the truths of our spiritual inheritance.*

This will not be a lecture, but rather an interactive time of conversation and contemplation as we revisit our baptismal reality and reflect on truths worth revisiting.

Grab a cup of coffee and join us on Sunday, June 14th, 2026!  
We will also have a donation basket for CASP.

**We hope to see you there!**



# CALENDAR OF UPCOMING EVENTS

**Today**

*Morning Service & Divine Liturgy.*

*Fr. Mesrob Hovsepian celebrates the Divine Liturgy.*

*A special thanksgiving prayer to honor America's 250<sup>th</sup> Anniversary will be offered before Hayr Mer/Lord's Prayer.*

*Requiem service for Women's Guild past members and General membership meeting. During the meeting Annie Ovanessian will lead an engaging discussion on "Finding Peace in our Baptistal Reality."*

June 27,  
Saturday

*Aida's Book Club  
11 am in the Atrium*

JULY 12,  
SUNDAY

*Feast of the Transfiguration of our Lord  
Vartavar*

AUGUST 16,  
SUNDAY

*Feast of the Assumption of St. Mary  
Blessing of Grapes service.*

*All American BBQ - Save the date!*

SEPTEMBER 20,  
SUNDAY

*Annual Armenian Picnic: SAVE THE DATE!*

NOVEMBER 1,  
SUNDAY

*Visit of His Grace Bishop Mesrop Parsamyan,  
Primate of the Eastern Diocese  
Details to follow.*

---

## SEEKING ROOM FOR RENT

A middle-aged Armenian woman is currently seeking a room to rent in the Westchester area. If you may know of any available accommodations or possible leads, please kindly speak with Der Mesrob. Your help would be greatly appreciated. Thank you.