



ՍՈՒՐԲ ԳՐԻԳՈՐ ԼՈՒՍԱՒՈՐԻՉ

WELCOME TO  
**ST. GREGORY**  
**THE ENLIGHTENER**  
**ARMENIAN CHURCH**

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

**MAY 3, 2026**  
**APPARITION OF THE HOLY CROSS**  
**ԵՐԵՎՈՒՄՆ ՍՈՒՐԲ ԽԱՉԻ**

TODAY'S SCRIPTURE READINGS:

1 John 1:1-10

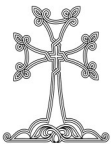
John 7:14-23

PC MEMBERS ON DUTY:

Chris Bonfiglio

George Krikorian

Gary Oztemel



**REQUIEM SERVICE WILL NOT BE HELD TODAY**

Our address: 1131 North Street, White Plains, NY 10605, [www.stgregorywp.com](http://www.stgregorywp.com)

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, [saintgregorychurchwp@gmail.com](mailto:saintgregorychurchwp@gmail.com)

Fr. Mesrob: (804) 405-9399, [fr.mesrob@yahoo.com](mailto:fr.mesrob@yahoo.com)

## APPARITION OF THE HOLY CROSS

This feast is dedicated to the Apparition of the Holy Cross in Jerusalem. At noon on May 19, 351, a bright, luminous cross appeared over the skies of Jerusalem, centered over an area spanning from the Mount of Olives (where Christ was betrayed and arrested) to Golgotha (where Christ was crucified). Awestruck, the faithful of Jerusalem rush to church to give thanks and glorify the Lord. Bishop Cyril (later St. Cyril of Jerusalem) subsequently wrote a letter to Emperor Constantine of Byzantium wherein he describes the miraculous and beautiful scene. St. Cyril tells Constantine that the apparition is a true testimony of the orthodox faith of Christianity. Further, St. Cyril exhorts the Emperor that the appearance is a sign for him to remain steadfast in his faith, and to stop defending the heretical movement of Arianism and its promulgators. The Armenian translation of the Bishop's letter has been preserved by the Church, and is read each year on the Feast of the Apparition of the Holy Cross. The Armenian Church celebrates this feast 28 days following Easter Sunday.

### ՍՈՒՐԲ ԽԱՉԻ ԵՐԵՎՄԱՆ ՏՈՆ

Ս. Խաչի երևման տոնը Երուսաղեմում Ս. Խաչի նշանի երևման հիշատակն է: 351 թվականին՝ ցերեկվա ընթացքում, Գողգոթայից մինչև Չիթենյայց լեռը երկնքում երևում է մի լուսե Խաչ: Այդ զարմանահրաշ դեպքի մասին Երուսաղեմի Կյուրեղ եպիսկոպոսը նամակ է գրում Կ. Պոլսի Կոստանդ կայսեր՝ այդ զարմանալի երևույթը համարելով իբրև ուղղափառ դավանության ճշմարտության ապացույց: Այդ պատճառով էլ Կյուրեղ Երուսաղեմացին հորդորում է Կոստանդ կայսեր հրաժարվել արիոսականներին պաշտպանելուց:

Երուսաղեմի Կյուրեղ եպիսկոպոսի այդ նամակը թարգմանվել է հայերեն և ամեն տարի ընթերցվում է Ս. Խաչի երևման տոնին: Հայ Առաքելական Եկեղեցին Ս. Խաչի երևման տոնը նշում է Չատիկից 28 օր հետո: Ս. Հարության տոնի շարժականության պատճառով Ս. Խաչի երևման տոնը կարող է տատանվել ապրիլի 19-ից մինչև մայիսի 23-ը:

## TODAY'S SCRIPTURE READINGS

### ***The reading is from the First Epistle of John (1:1-10)***

which we have seen with our eyes, which we have looked at and our hands have touched—this we proclaim concerning the Word of life. The life appeared; we have seen it and testify to it, and we proclaim to you the eternal life, which was with the Father and has appeared to us. We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ. We write this to make our joy complete. This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word is not in us.

### ***The second reading is from the Holy Gospel of Jesus Christ according to John (7:14-23)***

Not until halfway through the festival did Jesus go up to the temple courts and begin to teach. The Jews there were amazed and asked, “How did this man get such learning without having been taught?” Jesus answered, “My teaching is not my own. It comes from the one who sent me. Anyone who chooses to do the will of God will find out whether my teaching comes from God or whether I speak on my own. Whoever speaks on their own does so to gain personal glory, but he who seeks the glory of the one who sent him is a man of truth; there is nothing false about him. Has not Moses given you the law? Yet not one of you keeps the law. Why are you trying to kill me?”

## THE KISS OF PEACE

### The GIVER says:

*Christ is revealed amongst us.*

Քրիստոս ի մէջ մեր յայտնեցաւ:  
Kreesdos ee mech mer haydnetsav.

### The RECEIVER says:

*Blessed is the revelation of Christ.*

Օրհնեալ է յայտնութիւնն Քրիստոսի:  
Orhnyal eh haydnootyoonun Kreesdosee.

## WHEN TAKING MAHS

### The GIVER says:

*May this be to you a share and portion of the Holy Sacrifice.*

Մաս և բաժին եղիցի քեզ ի Սուրբ Պատարագէս:  
Mahs yev pazheen yegheetsee kez ee Soorp  
Badarakes.

### The RECEIVER says:

*My portion is God forever.*

Բաժին իմ Աստուած յաւիտեան:  
Pahjeen eem Asdvadz haveedyan.

## THE PSALM OF DISMISSAL - PSALM 34

*I will bless the Lord at all times. His praise shall be at all times in my mouth.*

Օրհնեցից ըզՏէր յամենայն ժամ, յամենայն ժամ,  
Օրհնութիւն նորա ի բերան իմ:

Orhnetseets uzDer hamenayn zham, hamenayn zham  
orhnootyoon nora ee peran eem.

### When approaching the Holy Gospel at the end of the Divine Liturgy you say:

*May the Lord remember all your sacrifices.*

Յիշեցէ Տէր զամենայն պատարագս քո.  
Heeshestseh Der zamenayn Badarakus ko

### The Priest answers:

*May the Lord grant you according to your own heart, and fulfill all your desires. (Psalm 20:4)*

Տացէ քեզ Տէր ըստ սրտի քում և զամենայն խորհուրդս քո  
ի բարիս նա կատարեցէ:

Datseh kez Der usd srdee koom yev zamenayn  
khorhoortus koh ee parees na gadarestseh.



## Holy Communion Distribution Guidelines

As parishioners approach to receive Holy Communion:

- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant

WITHOUT TOUCHING THE COMMUNION with other fingers.

**PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.**

## ՏՆՈՐՅՆԷՔ / EASTER HOME BLESSING



From the earliest times, the home was a sacred place, the center of family and ritual life. It is the most basic of all social structures, where we are born and live many years, a place where great family events transpire. Here we break bread, share joys and sorrows, pray, celebrate, worship. Here God is present in the loving relationships that transcend fragile human existence. Every family is a miniature of a “Little Church–Ecclesia” and in this “Little Church” the inexhaustible love and the very generous blessing of God permeate.

**Home Blessing /Dnorhnek/** is a beautiful tradition of the Armenian Church which is performed on several occasions: namely after the feasts of Holy Nativity and Holy Resurrection of our Lord Jesus Christ, as well as on the occasion of moving to a new home.

Today, more than ever, we need the presence and blessing of the Lord in our homes and lives.

Schedule your Home Blessing with Der Hayr: direct (804) 405-9399, church office (914) 428-2595, email: fr.mesrob@yahoo.com.

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## RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

May 3 - English  
10 - Armenian  
17 - English

# *Dr. Tro Kalayjian*

## *Guest speaker*

.....

Join us for an empowering and practical talk on weight loss and metabolic health.

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**MAY 3, 2026**  
**12:30 PM**  
**Tutak Hall**

.....

Dr. Tro Kalayjian is a board-certified physician in Internal Medicine and Obesity Medicine, as well as a founding member of the Society of Metabolic Health Practitioners. Having personally lost 150 pounds by challenging conventional medical paradigms, Dr. Tro is uniquely positioned to guide patients through their own health journeys with empathy and real-world insight.

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### **Pastoral Care, Home and Hospital Visits**

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.



ST. GREGORY THE ENLIGHTENER  
ARMENIAN CHURCH

PRESENTS

HUYSER **AND** FRIENDS

# INTERNATIONAL RHYTHMS

AN OPEN-AIR CONCERT

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**SATURDAY  
JUNE 6  
7:30 PM**

ST. GREGORY THE ENLIGHTENER ARMENIAN CHURCH  
1131 NORTH STREET - WHITE PLAINS, NY 10605

FOR TICKETS & RESERVATIONS  
CHURCH OFFICE (914) 428-2595 / SIMONE (845) 548-5390

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**\* ADVANCED RESERVATIONS ARE NECESSARY\***  
Kindly return completed form with check/payment by May 29.  
Your check/payment is your reservation.

RESERVATION NAME _____	PHONE (____) _____ - _____
NUMBER OF PAID RESERVATIONS _____	ADULTS \$45.00/EA \$ _____
_____	CHILDREN (12 & UNDER) \$25.00/EA \$ _____
	TOTAL \$ _____

\* Make Checks Payable to St. Gregory Armenian Church\*  
1131 North Street, White Plains, NY 10605

# CALENDAR OF UPCOMING EVENTS

<b>Today</b>	<b>APPARITION OF THE HOLY CROSS</b> <b>Morning Service &amp; Divine Liturgy.</b> <b>Fr. Mesrob Hovsepyan celebrates the Divine Liturgy this Sunday.</b> <b>Children's Sermon will be delivered at the end of the Liturgy.</b>  <b>Guest speaker, Dr. Tro Kalayjian following the Liturgy in Tutak Hall</b>
MAY 7, THURSDAY	<b>Women's Guild Invites: Cinco De Mayo celebration at Boxcar Cantina at 7:00pm.</b> RSVP to Roz Hewsenian at 310-567-8205 by May 1 <sup>st</sup> .
MAY 9, SATURDAY	<b>Aida's book club - 11:00am in the atrium.</b> Book to read: "Theo of Golden by Allen Levi"
MAY 10, SUNDAY	<b>The Women's Guild Mother's Day Bake Sale—</b> following immediately after Badarak.
MAY 16, SAT- URDAY	<b>Armenian School graduation, 1:00pm.</b>
MAY 22-25	<b>ACYOA Sports Weekend, Watertown, MA</b>
JUNE 6, SUNDAY	<b>Huyser Ensemble Concert</b> Details inside.
SEPTEMBER 20, SUNDAY	<b>Annual Armenian Picnic: SAVE THE DATE!</b>
NOVEMBER 1, SUNDAY	<b>Visit of His Grace Bishop Mesrop Parsamyan, Primate of the Eastern Diocese</b> Details to follow.