

ՍՈՒՐԵ ԳՐԻԳՈՐ ԼՈՒՍԱՒՈՐԻՉ

WELCOME TO  
**ST. GREGORY  
THE ENLIGHTENER**  
ARMENIAN CHURCH

FR. MESROB HOVSEPYAN, PASTOR

MORNING SERVICE: 9:45 A.M.

DIVINE LITURGY: 10:15 A.M.

**APRIL 26, 2026**  
**RED SUNDAY**  
Կարմիր կիրակի

TODAY'S SCRIPTURE READINGS:

1 Peter 5:1-14

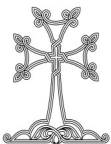
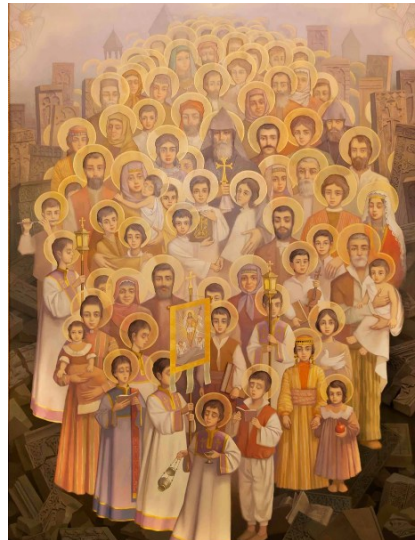
John 5:19-30

PC MEMBERS ON DUTY:

Tom Daw

Lauren Kayaian

Greg Sahagian



**REQUIEM SERVICE WILL NOT BE OFFERED TODAY.**

Our address: 1131 North Street, White Plains, NY 10605, [www.stgregorywp.com](http://www.stgregorywp.com)

Office hours: Tuesday-Friday 9a.m.-3p.m., Mondays closed.

Contact us: Office: (914) 428-2595, [saintgregorychurchwp@gmail.com](mailto:saintgregorychurchwp@gmail.com)

Fr. Mesrob: (804) 405-9399, [fr.mesrob@yahoo.com](mailto:fr.mesrob@yahoo.com)

## RED SUNDAY

In the Calendar of the Armenian Church, the third Sunday following the Glorious Resurrection of Our Lord Jesus Christ is known as Red Sunday. The color “red” has been used throughout history to represent many things. One of the symbolic meanings is the blood of the martyrs who were sacrificed for Christ, His Holy Church, and their Christian faith. During the early years of Christianity, faithful followers of Jesus Christ were subjected to severe persecutions and torments. Many elected to die rather than betray their principles of life and faith, which the Incarnate God - Christ Jesus - had endowed to them and all of mankind. The psalmist writes, “Precious in the sight of the Lord is the death of the saints.” Today, martyrdom is far less often an occurrence in the lives of Christians, yet it does happen. However, the greater struggle is the one against sin, which we can see manifested in many ways throughout the world. The battle against wickedness and evil, which will be victorious in the end, is the current expression of the significance of Red Sunday. The Apostle Paul writes that Christ Himself endured such opposition, that we should not grow weary in our battle against wickedness. In his letter to the Hebrews, Paul says: “In your struggle against sin, you have not yet resisted to the point of shedding your blood.” We are to use the opportunity of Red Sunday to once again remind ourselves of Paul’s exhortation to remain steadfast in the Lord, and to continue our daily labors of goodness and righteousness.

### Կարմիր կիրակի

Հայաստանյայց Առաքելական Եկեղեցու տոնացույցում Մբ. Չատիկին հաջորդող կիրակիներն հատուկ խորհրդանշական անվանումներ ունեն: Չատիկի չորրորդ կիրակին կոչվում է Կարմիր: Կարմիրը Քրիստոսի եկեղեցու եւ հավատի համար մարտիրոսացած նահատակների սուրբ արյան խորհրդանիշն է: Քրիստոնեության վաղ շրջանում, երբ քրիստոնյաները դաժան հալածանքներ էին ենթարկվում, շատերը գերադասեցին մեռնել, քան դավաճանել հավատի այն սկզբունքներին, որ մարդկությանն ավանդել էր մարդացյալ Աստված՝ Քրիստոս: «Տիրոջ աչքում հարգելի է մահն իր սրբերի»: Սակայն այսօր նահատակության անհրաժեշտություն չկա, եւ արյուն թափելը, մահը, պայքարն ու հաղթանակն այլ իմաստ են ձեռք բերել՝ ընդդեմ մեղքի ու չարիքի: «Չլինի թե հոգնեք և հուսալքվեք, դուք, որ կռվի մեջ դեռ արյուն թափելու չափ

չհակառակվեցիք մեղքին», - սսում է Պողոս առաքյալը եւ իբրեւ պատգամ բոլոր քրիստոնյաներին խրատում. «Նա, որ մեռավ, մեղքի համար մեռավ մեկընդմիջտ, եւ նա, որ կենդանի է, կենդանի է Աստծո համար: Նույնպես եւ դուք ձեզ մեռած համարեցեք մեղքի համար, բայց կենդանի՝ Աստծո համար, մեր Տեր Հիսուս Քրիստոսով»:

## **TODAY'S SCRIPTURE READINGS**

### ***The reading is from the First Epistle of Peter (5:1-14)***

Now as an elder myself and a witness of the sufferings of Christ, as well as one who shares in the glory to be revealed, I exhort the elders among you to tend the flock of God that is in your charge, exercising the oversight, not under compulsion but willingly, as God would have you do it—not for sordid gain but eagerly. Do not lord it over those in your charge, but be examples to the flock. And when the chief shepherd appears, you will win the crown of glory that never fades away. In the same way, you who are younger must accept the authority of the elders. And all of you must clothe yourselves with humility in your dealings with one another, for “God opposes the proud, but gives grace to the humble.” Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.


### ***The second reading is from the Holy Gospel of Jesus Christ according to John (5:19-30)***

Jesus said to them, “Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomever he wishes. The Father judges no one but has given all judgment to the Son, so that all may honor the

Son just as they honor the Father. Anyone who does not honor the Son does not honor the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgment, but has passed from death to life. “Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to judge, because he is the Son of Man.

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**ST GREGORY WOMEN'S GUILD  
INVITES YOU TO A**



**Cinco  
De Mayo  
Celebration**

**Thursday Evening, May 7<sup>th</sup>, at 6:00 pm  
at Boxcar Cantina, 44 Old Field Point  
Rd, Greenwich, CT**

**Family-Style  
Menu:**

- Chips, salsa and guacamole
- Assorted quesadillas, tacos, and mini burritos
- Mexican chocolate brownies

**Self-pay, approximately \$50 per person, including beverage of  
choice, tax and tip**

**Note: Cost will vary based on the number of attendees.  
Restaurant requires one check, which will be split evenly.  
Reimbursement to the payer in the form of cash or Venmo**

**RSVP to Roz Hewsenian by May 1st, 2026: Cell: 310-567-8205  
Email: rozhewsenian@aol.com**

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### ***Pastoral Care, Home and Hospital Visits***

Der Mesrob is always available and would like to visit homebound and hospitalized parishioners. If you or someone you know is ill, Hospitalized or homebound and would like to be visited, please call Der Mesrob directly at (804)-405-9399 to schedule the visit.

Please note: when asked about your religion at a hospital, patients should list themselves as “Armenian Orthodox” or “Armenian” not “other”.

## ՏՆՕՐՅԱԷՔ / EASTER HOME BLESSING



From the earliest times, the home was a sacred place, the center of family and ritual life. It is the most basic of all social structures, where we are born and live many years, a place where great family events transpire. Here we break bread, share joys and sorrows, pray, celebrate, worship. Here God is present in the loving relationships that transcend fragile human existence. Every family is a miniature of a “Little Church–Ecclesia” and in this “Little Church” the inexhaustible love and the very generous blessing of God permeate.

**Home Blessing /Dnorhnek/** is a beautiful tradition of the Armenian Church which is performed on several occasions: namely after the feasts of Holy Nativity and Holy Resurrection of our Lord Jesus Christ, as well as on the occasion of moving to a new home.

Today, more than ever, we need the presence and blessing of the Lord in our homes and lives.

Schedule your Home Blessing with Der Hayr: direct (804) 405-9399, church office (914) 428-2595, email: fr.mesrob@yahoo.com.

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### RECITING THE NICENE CREED IN ENGLISH

The **Nicene Creed** is one of the most important parts of our Divine Liturgy. In it, we proclaim the core of our Christian faith—our beliefs, our theology, and the truths handed down to us from the early Church. By reciting the Creed, we unite our voices with generations of faithful who have confessed these same teachings throughout the centuries.

To deepen our understanding and strengthen our communal prayer, we will begin **reciting the Nicene Creed in English every other Sunday** during the Divine Liturgy. This will allow all parishioners to fully participate, reflect more deeply on the meaning of the words, and grow together in the faith we profess.

April 26 - Armenian

May 3 - English

10 - Armenian

17 - English

# *Dr. Tro Kalayjian*

## *Guest speaker*

Join us for an empowering and practical talk on weight loss and metabolic health.

**MAY 3, 2026**

12:30 PM

Tutak Hall

Dr. Tro Kalayjian is a board-certified physician in Internal Medicine and Obesity Medicine, as well as a founding member of the Society of Metabolic Health Practitioners. Having personally lost 150 pounds by challenging conventional medical paradigms, Dr. Tro is uniquely positioned to guide patients through their own health journeys with empathy and real-world insight.



## **Holy Communion Distribution Guidelines**

As parishioners approach to receive Holy Communion:

- Place your right hand in the left hand and extend it to the celebrant.
- The celebrant will place the Holy Communion in your palm.
- Consume it in front of the celebrant

**WITHOUT TOUCHING THE COMMUNION with other fingers.**

**PLEASE SANITIZE YOUR HAND(S) BEFORE RETURNING TO YOUR SEAT FROM THE RIGHT OR LEFT SIDE OF THE CHANCEL.**

ST. GREGORY THE ENLIGHTENER  
ARMENIAN CHURCH

PRESENTS

HUYSER AND FRIENDS

**INTERNATIONAL  
RHYTHMS**  
AN OPEN-AIR CONCERT

**\$45 INCLUDING  
WINE + CHEESE**  
**12 & UNDER \$25**

**SATURDAY  
JUNE 6  
7:30 PM**

ST. GREGORY THE ENLIGHTENER ARMENIAN CHURCH  
1131 NORTH STREET - WHITE PLAINS, NY 10605

FOR TICKETS & RESERVATIONS  
CHURCH OFFICE (914) 428-2595 / SIMONE (845) 548-5390

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## THE KISS OF PEACE

### The GIVER says:

*Christ is revealed amongst us.*

*Քրիստոս ի մէջ մեր յայտնեցաւ:*

*Kreesdos ee mech mer haydnetsav.*

### The RECEIVER says:

*Blessed is the revelation of Christ.*

*Օրհնեալ է յայտնութիւնն Քրիստոսի:*

*Orhnyal eh haydnootyoonun Kreesdosee.*

## WHEN TAKING MAHS

### The GIVER says:

*May this be to you a share and portion of the Holy Sacrifice.*

*Մաս և բաժին եղիցի քեզ ի Սուրբ Պատարագէս:*

*Mahs yev pazheen yegheetsee kez ee Soorp Badarakes.*

### The RECEIVER says:

*My portion is God forever.*

*Բաժին իմ Աստուած յախտեան:*

*Pahjeen eem Asdvadz haveedyan.*

## THE PSALM OF DISMISSAL - PSALM 34

*I will bless the Lord at all times. His praise shall be at all times in my mouth.*

*Օրհնեցից ըզՏէր յամենայն ժամ, յամենայն ժամ,  
Օրհնութիւն նորա ի բերան իմ:*

*Orhnetseets uzDer hamenayn zham, hamenayn zham  
orhnootyoon nora ee peran eem.*

### When approaching the Holy Gospel at the end of the Divine Liturgy you say:

*May the Lord remember all your sacrifices.*

*Յիշեցէ Տէր զամենայն պատարագա քո.  
Heeshestseh Der zamenayn Badarakes ko*

### The Priest answers:

*May the Lord grant you according to your own heart, and fulfill all your desires. (Psalm 20:4)*

*Տացէ քեզ Տէր ըստ սրտի քում և զամենայն խորհուրդս քո  
ի բարիս նա կատարեցէ:*

*Datseh kez Der usd srdee koom yev zamenayn  
khorhoortus koh ee pareas na gadarestseh.*

# CALENDAR OF UPCOMING EVENTS

**Today**

**RED SUNDAY**

*Morning Service & Divine Liturgy.*

*Fr. Mesrob Hovsepyan celebrates the Divine Liturgy this Sunday.*

*At the end of the Liturgy Order of Intercessory Prayer for the Holy Martyrs will be offered in commemoration of the Holy Martyrs.*

MAY 3,  
SUNDAY

**Guest speaker, Dr. Tro Kalayjian following the Liturgy.**

*Details on the flyer in the bulletin.*

MAY 7,  
THURSDAY

**Women's Guild Invites: Cinco De Mayo celebration at Boxcar Cantina at 7:00pm.**

*RSVP to Roz Hewsenian at 310-567-8205 by May 1<sup>st</sup>.*

MAY 9,  
SATURDAY

**Aida's book club - 11:00am in the atrium.**

*Book to read: "Theo of Golden by Allen Levi"*

MAY 10,  
SUNDAY

**The Women's Guild Mother's Day Bake Sale—**  
*following immediately after Badarak.*

MAY 16,  
SATURDAY

**Armenian School graduation, 1:00pm.**

MAY 22-25

**ACYOA Sports Weekend, Watertown, MA**

JUNE 6,  
SUNDAY

**Huyser Ensemble Concert**

*Details inside.*

SEPTEMBER 20,  
SUNDAY

**Annual Armenian Picnic: SAVE THE DATE!**

NOVEMBER 1,  
SUNDAY

**Visit of His Grace Bishop Mesrop Parsamyan, Primate of the Eastern Diocese**

*Details to follow.*